

# FISH WARNING:

## Catch, Share & Prepare Responsibly



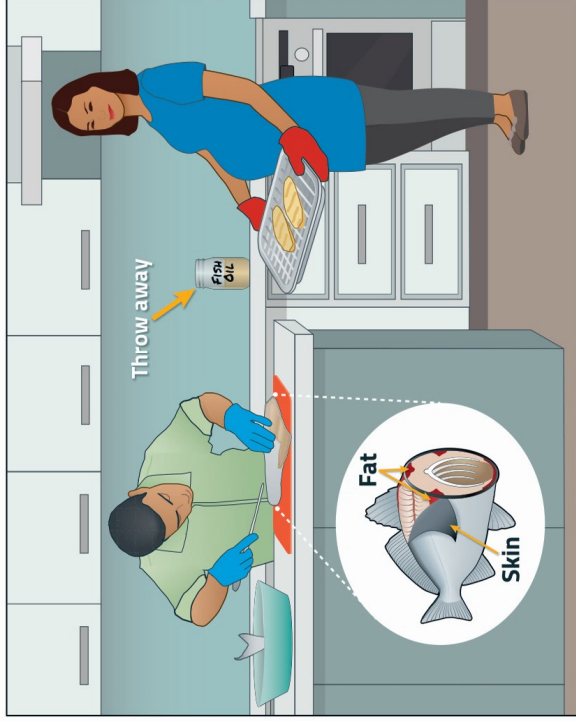
### Choose Safer Fish

Keep the fish species with less pollution.



### Share Safer Fish

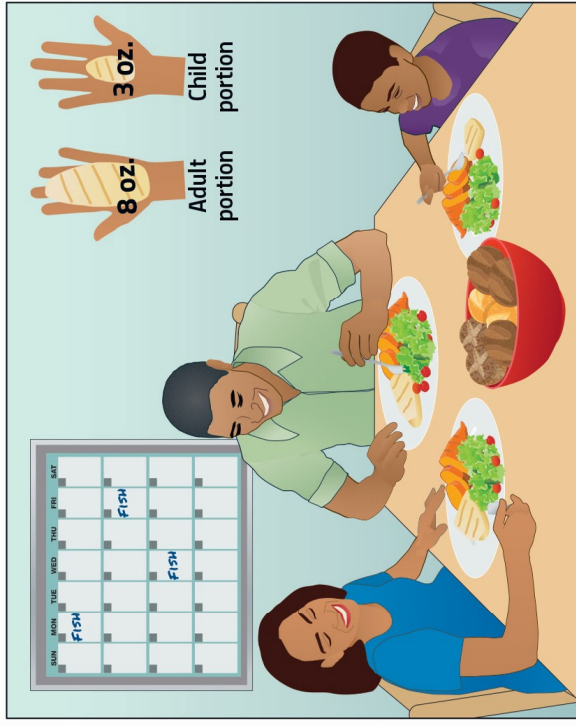
Polluted fish may cause cancer, developmental issues and other harm to pregnant women, children and adults.



### Prepare Fish Safely

Cut off the skin and fat before cooking.

Discard the oil after cooking.



### Enjoy Fish Safely

Follow local advisories. Eat the suggested portion size.

Do not exceed the suggested frequency.

## For Your Friends' and Family's Health

Go to [www.chesapeakebay.net/news/blog/where\\_can\\_i\\_find\\_fish\\_consumption\\_advisories](http://www.chesapeakebay.net/news/blog/where_can_i_find_fish_consumption_advisories) for more information about safe fish consumption where you live.

